



**Recover Christianity's Mystic Roots**  
c/o Church of the Painted Hills, UCC  
3295 W. Speedway Blvd.  
Tucson, Arizona 85745

Thanks for taking on RCMR's NEW MONASTIC CHALLENGE!

This is the challenge spelled out:

- a. Complete two years of daily centering prayer (two 20 minute session per day, only missing up to one day per week/ four days per month. If you miss more than this we ask that you start the challenge over again).
- b. Complete two 6 to 10 day yearly Centering Prayer Retreats (retreat schedule provided on RCMR Website "RESOURCES" Tab)
- c. Attend a faith community for those two years (at least monthly)

To begin your commitment please answer the following questions, then send this letter to the address above.

1) What is your Name? \_\_\_\_\_

2) What is your email address? \_\_\_\_\_

3) What is your street address? \_\_\_\_\_

\_\_\_\_\_

4) What is the date you will begin your NEW MONASTIC CHALLENGE? \_\_\_\_\_

5) What is the date you plan to complete your NEW MONASTIC CHALLENGE? \_\_\_\_\_

- 6) What are the dates and what is the location of your first Centering Prayer Retreat, which will be part of your challenge? \_\_\_\_\_
- 7) What is the name and location of the faith community you will be connected to during the challenge? \_\_\_\_\_

For taking on the NEW MONASTIC CHALLENGE, we at RCMR celebrate your commitment and want to honor it. We will not disclose who is taking the challenge with anyone.

We will:

- a) Keep this commitment letter in a special place and keep you in prayer over the next two years.
- b) In a year we will send you a follow up email or letter to see how the challenge is going.
- c) When you complete the challenge, we will send you an email or a letter with some follow up questions.
- d) After we receive and verify your responses, we will send you a NEW MONASTIC CHALLENGE certificate of completion suitable for framing along with a gift appropriate for a New Monastic.
- e) Then, if you are game, we will give you another challenge!

One recommendation as you continue... The few people who have taken us up on this challenge have had support. They have started the challenge with a friend, in the context of an accountability group, or in the context of a Centering Prayer Support Group.

We are excited that you have decided to take on this healing journey and look forward to hearing about your progress!

We are convinced that the completion of the commitment will transform your life!

Signature \_\_\_\_\_

Date \_\_\_\_\_